

Restorative approaches in educational settings

Educational Psychology Service



Restorative approaches in settings

What are restorative approaches?

Restorative approaches are based on respect for one another, acknowledging that each person has an opinion that is unique and of value, taking responsibility for your own actions and developing the skills of the whole setting community to solve problems and repair harm.

Why implement a restorative approach in settings?

Adopting a restorative approach in settings helps develop a healthier learning environment, where children and young people take responsibility over their own behaviour and learning.

These approaches in settings help resolve conflict and prevent harm. They focus on strengthening and repairing relationships, listening with empathy, valuing the young people's opinions and being curious about what has happened.

Restorative approaches enable those who have been harmed/upset to convey the impact of this to those responsible and for those responsible to acknowledge the impact and take steps to put it right.

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Restorative practice is an underpinning ethos that builds and maintains healthy relationships.



How can settings implement a restorative approach?

Whole setting approaches should include the following:

- A positive role model from teachers
- Positive, inclusive and respectful relationships in school
- Understanding of attachment theory
- Balance of care and challenge
- Attunement, warmth and connection

To be effective, restorative approaches must be in place across the setting. This means all pupils, staff (including non-teaching staff), management and the wider community need to receive training so they understand what acting restoratively means and how they can do it.

It might be helpful to consider some of the following key questions

How can current strategies be adapted to support restorative justice practices within your setting?

How do you use restorative justice principles within your whole setting approach, classroom practice and targeted interventions?

What professional learning and development opportunities help your staff to use restorative justice principles and approaches in their daily practices?



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I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

- Maya Angelou

Where can I get more information, advice and support?

One Education have produced an Inclusion Toolkit as part of the Inclusion Strategy which promotes educational inclusion and support for all children and young people to thrive.

Section 1: sets out Manchester's vision and guiding principles.

Section 2: sets out key approaches to good universal inclusive practice.

Section 3: provides a 'quick links' information access approach to help all those working to support children and young people to find information about specific educational needs, evidence-based approaches/ interventions and links to useful resources and supporting agencies/ services. It includes a section on attachment and developmental trauma.

Where can I find the Inclusion Toolkit?

The Inclusion Toolkit has been shared with all Manchester Local Authority Schools. This is now available on the One Education website.

oneeducation.co.uk/inclusiontoolkit

For further information, please email:
inclusionstrategytoolkit@oneeducation.co.uk

Where can I find the Inclusion Toolkit?

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For further information contact

info@oneeducation.co.uk

or call **0161 276 0160**

oneeducation.co.uk